




# NOVEMBER 2018



## WCSC High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
29 Texas BBQ Pork Sandwich Baked Beans Tater Tots Veggie Cup Fruit Variety Milk <u>Second Choice</u> Cheeseburger	30 General Tso's Chicken w/ Fortune Cookie Vegetable Fried Rice Veggie Cup Fruit Variety Milk <u>Second Choice</u> Cheeseburger	31 Chicken Smackers w/ Roll Mashed Potatoes w/gravy California Mix Halloween Treat Veggie Cup Fruit Variety Milk <u>Second Choice</u> Cheeseburger 	1 Chicken Alfredo w/ Twisted Garlic Breadstick Broccoli Veggie Cup Fruit Variety Milk <u>Second Choice</u> Bacon Cheeseburger	2 Citrus Herb Baked Tilapia w/ Homemade Garlic Cheese Biscuit Green Beans Veggie Cup Fruit Variety Milk <u>Second Choice</u> Cheeseburger
5 Meatball Sub Potato Wedges Broccoli Veggie Cup Fruit Variety Milk <u>Second Choice</u> Chicken Fillet Sandwich	6 Pollo Con Queso Tostitos w/ Salsa Corn Veggie Cup Fruit Variety Milk <u>Second Choice</u> Spicy Chicken Sandwich	7 Chicken Smackers w/ Roll Mashed Potatoes w/gravy Cauliflower w/ Cheese Veggie Cup Fruit Variety Milk <u>Second Choice</u> Chicken Fillet Sandwich	8 Tangerine Chicken w/ Fortune Cookie Asian Stir Fried Noodles Edamame Veggie Cup Fruit Variety Milk <u>Second Choice</u> Spicy Chicken Sandwich	9 Buffalo Chicken Dip w/ Tostitos Corn Veggie Cup Fruit Variety Milk <u>Second Choice</u> Chicken Fillet Sandwich
12 French Toast Sticks w/ Sausage Potato Bites Veggie Cup Warm Cinnamon Apples Fruit Variety Milk <u>Second Choice</u> Italian Calzone	13 Grilled Cheese Vegetable Soup Veggie Cup Fruit Variety Milk <u>Second Choice</u> Mexican Crispito	14 Chicken Smackers w/ Roll Mashed Potatoes w/gravy Fiesta Bean Salad Veggie Cup Fruit Variety Milk <u>Second Choice</u> Italian Calzone	15 <b>Thanksgiving Meal</b> Roast Turkey w/ Roll Au gratin Potatoes Green Beans Fruit Variety Veggie Cup Holiday Dessert Milk <u>Second Choice</u> Mexican Crispito	16 Spaghetti w/ Garlic Twisted Breadstick Parmesan Roasted Asparagus Veggie Cup Fruit Variety Milk <u>Second Choice</u> Italian Calzone
19  <i>Manager's Special</i>	20  <i>Manager's Special</i>			

3<sup>rd</sup> Choice Daily- Wedge Pizza

4<sup>th</sup> Choice Daily- Salad w/ Bosco Stick

## *Holiday and Family Time...*

*Remember to carve out time to unplug and spend quality moments together this holiday season. Make a point to focus on family, stress less, give thanks, and get up and move!*